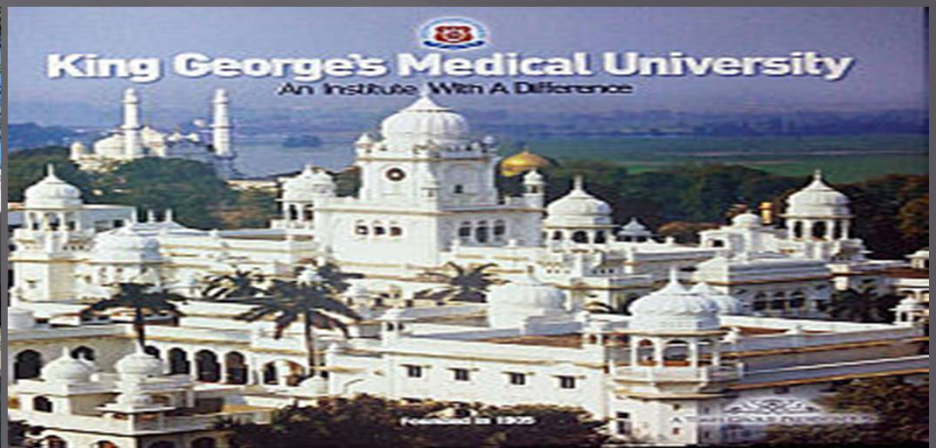


DRUG TREATMENT CLINIC (DTC)

Department of Psychiatry
K.G.M.U
Lucknow



DTC programme has been running successfully in the department of psychiatry K.G.M.U since July 2016 till date.

Our centre is an effective treatment for addiction to opioid drugs such as smacks, tobacco, alcohol, cannabis etc. and un legal drugs .



Details of position of staff at our centre

Medical Officer -- Dr. Jitendra Singh

Counsellor -- Mamta Verma

Nurse -- Rajeev Singh

Regular activities

- Registration of new patients at DTC from OPD/OST/UPSACS on daily basis.
- Up till now, a total of 208 patients are registered Dec.2018 ,under the DTC scheme.

Patients taking medicine



pregnancy options safe difficulties time
psychotherapy-oriented disorders available relationship Counselor
Talking therapy schools anxiety insurance engage trainee services people deal
Counseling face to own right confidential intervention stress gives
counselors assistance take putting Art variety helping Confidentiality insurance engage trainee services people deal
disabilities habilitation talk Suicide encouraged goals professional gain hospitals Mental health education programs relates populations vocational programs drug misuse
focused work advice personal problems person shoes community trust guidance private practice focused negative thought
Senior peer Individual

Counselling of the patient and Family members



FOLLOW UP SERVICES



Follow –Up Services

- ▣ “ Frequent Follow up is essential to support the patients recovery.”
- ▣ Follow up with the patients keep the counsellor informed about the psycho-social status ,family and marital relationship ,behaviour of the patients and also the family opinion about patients condition regarding his.

Referred to ART Centre

- ▣ HIV Patients are suggested and motivated for enrolment with the ART centre for medicine and advised to regular follow-up.



Referral Services

Refer the patients to other departments for health issues

- The patient is referred to the concerned department as per the need for further management.
- Motivated to the patients come for medicines regularly.

- Record maintained and documentation.
- Group discussion with the patients.
- Weekly meeting with the staff members.
- Coordinating meeting with OST staff.






Awareness programme

Related to their health, diet, HIV patients were made aware of how to safeguard themselves and others etc.

- Role play on harm reduction and HIV prevention.
- Motivating clients for Yoga & Meditation.
- We provide additional treatment for associated conditions like alcohol, cannabis, sedative, tobacco dependence through our Centre.

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- Motivate clients to participate in various recreational activities like singing and painting etc.
 - We do regular meetings with clients and motivate them to keep DTC campus neat and clean.
 - We celebrate Republic day and Independence day at our centre in which most of the client participated.
 - Clients were engaged in social activities on the occasion of Bada Mangal.

Social activities organised by DTC patients on the occasion '*Bada Mangal*' in Lucknow.





विश्व एड्स दिवस आयोजन



International drug day (26 June 2018)

We have organised an Art competition with staff and organised also group discussion
With our patients.



Vocational Achievement By

